

North Carolina Biofeedback Society
Annual State Meeting
October 7, 2005

The meeting was held at the Comfort Suite Inns in Hickory, NC. After eating dinner catered by Myra's Catering Service, Sue Intemann, president, called the meeting to order at 7:00 pm. The general membership and conference attendees were present. (see attached list of conference attendees)

Crystal Podger was our official photographer for the conference.

Pat Benfield, secretary, provided copies of the last board meeting minutes to the conference attendees. The minutes were approved as written after Ann Charles made a motion and Jeanne Gresco seconded to accept the minutes approved.

Betty Wolfe resumed treasurer's position as Jerry Humphrey has experienced health problems limiting his service. Betty provided a written copy of the treasurer's report and reported having approximately \$11,000 before conference expenses. Crystal Podger made a motion to accept the treasurer's report as presented and Sue seconded the motion. The report was approved.

Board Organization and Consolidation of Officers' Duties for the purpose of streamlining duties was proposed by Ann and discussed. Betty made a motion that we re-organize and consolidate the officers' duties to include President, Vice President/treasurer, and Secretary/Membership Chair for a one year trial. Jeanne and Vivian McGowen seconded the motion which carried unanimously.

Betty recognized the new Board members represent new energy as positive.

Election of Officers—Kit Olsen made a motion that the slate of officers consist of Sue Intemann, President; Ann Charles, VP/treasurer; and Pat Benfield, Secretary/Membership Chair. Betty seconded and the motion carried unanimously.

Conference activities—Feedback was requested for pre-conference activities. It was discussed that the brochure be prepared and sent out at least 2 months before the conference date and that it contained too much information.

It was recommended that the brochure be ready in June or July and posted on the website for easy access in a more user friendly format. It was also recommended that our annual meeting and conference continue to be scheduled during the first of October as it does not appear to conflict with other biofeedback organizations meetings.

Southeastern Regional Meeting—Richard Soutar, who represented newly formed Georgia Biofeedback organization, proposed that we organize the southeastern states and hold a Regional meeting every other year. The individual states could hold individual state meetings on the alternate years. Royce Malphus, South Carolina, supported Dr. Soutar's proposal, further discussion took place, and it was supported by all.

Richard Soutar recognized the organizational skills in the Carolinas and suggested that North Carolina host the first Southeastern Regional Meeting and Conference.

Format of the meetings was discussed. Richard Soutar recommended creating clinical meetings that are relaxed and open to promote learning and sharing and not research-based structure. The format should get as many clinicians involved. Identifications and comparisons of meeting formats, i.e., ISNR, were used to define the differences.

Ann Charles made a motion that NCBS host the first Southeastern Regional Meeting and Conference on October 13-15, 2006, to include NC, SC, GA, FLA, LA, and AL. Georgia Miles seconded the motion.

Southeastern Regional Conference Committee. Sue made a motion that we have one representative from each state serve with the following slate provided: Richard Soutar, GA; Royce Malphus, SC; and Pat Benfield, NC. Georgia Miles and Crystal Podger both agreed to assist Pat with Committee duties. Crystal Podger seconded the motion and it unanimously carried.

Communication—Due to the rising costs of fuel, Sue indicated that board members would be using email and teleconference calls to conduct more business.

Website—Websites could be used to generate ideas through a call for papers and ideas, obtain list of names and email addresses for organizations, clinicians in other complementary fields, etc. We talked about targeting massage, PT, OT, SP, etc.

Teletraining---We talked about the possibility of providing teletraining with focus on practical application. Some topics of interest were Sleep D/Os, Fibromyalgia, Chronic Pain, Crisis Intervention, PTSD, etc.

Grants—Talked about exploring our resources for grantwriting and researching grant money that could be used to possibly support such activities as teletraining, offer clinicians small grants, etc. We need to look for assistance with grantwriting.

Website----Betty reported that biofeedbackNC.com and NCBiofeedback.com were both available. It was requested that she find out if .org for both names was available before making a decision.

We talked about including testimonials.

It was discussed that a fee could be charged for scanning business cards. We need logos and images to include.

The meeting was adjourned.

Respectfully submitted,

Pat Benfield, Secretary